

***Bringing a Leadership/Supervisory “Way of Being” That
Supports & Guides Trauma-Responsive Environments***



TRAUMA-INFORMED CARE PRINCIPLES WORKSHEET

**HOW ARE THE TIC PRINCIPLES
DEMONSTRATED WHERE YOU WORK?**

SAFETY

What are we currently doing to incorporate the
SAFETY Principle?

What could we do to create more SAFETY?

TRUST

What are we currently doing to incorporate the
TRUST Principle?

What could we do to build more TRUST?

COLLABORATION

What are we currently doing to incorporate the
COLLABORATION Principle?

What could we do to create more
COLLABORATION?

CHOICE

What are we currently doing to incorporate the CHOICE Principle?

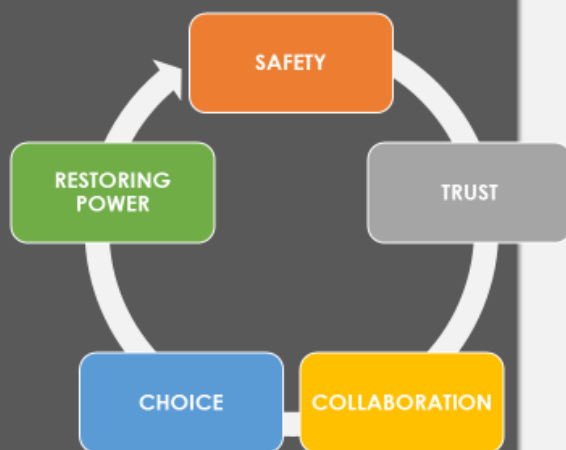
What could we do to create more CHOICE?

RESTORING POWER

What are we currently doing to incorporate the RESTORING POWER Principle?

What could we do to RESTORE POWER?

CORE VALUES OF TRAUMA-INFORMED CARE ARE APPLICABLE TO OUR LEADERS "WAY OF BEING"



Source: Community Connections

SAFETY

Prioritizing Physical and Emotional Safety

TRUSTWORTHINESS

Maximizing Trustworthiness, Making Tasks Clear, and Maintaining Healthy Boundaries

COLLABORATION

Maximizing Collaboration and Sharing of Power

CHOICE: Prioritizing Choice and Autonomy

RESTORE POWER

Ensure that we are Activating, Sharing Hope, Deeply Listening, Valuing the Expertise of the person in front of us, and Affirming